

# Alterations in Diabetic Bone Revealed by Co-localized Raman and Reference Point Indentation



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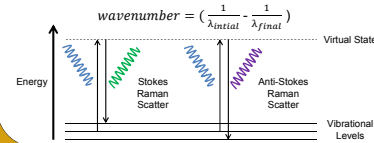
## INTRODUCTION

### Type 2 Diabetes (T2D)

- Detrimental impacts on multiple systems including the musculoskeletal system
- Chronic hyperglycemia implicated in advanced glycation end product (AGE) formation when reducing sugars react with free amino groups in proteins
- AGEs in Type I collagen may lead to a stiffening of fibrils and decreased toughness in bone

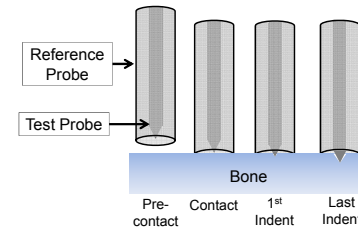
### Raman Spectroscopy

- Laser excites chemically bonded electrons and some fall back into different energy state shifting wavelength of scattered light
- Wavenumber of shift is specific to type of bond and chemical composition



### Reference Point Indentation (RPI)

- Outer reference probe housing inner test probe makes contact with bone surface
- Test probe cyclically indents bone to investigate mechanical properties at the 10-100 μm scale



### Study Contribution

- Detect chemical changes in the bones of a model of T2D with altered collagen morphology and correlate those changes with mechanical data from a RPI system.

## HYPOTHESIS

There are differences in the chemical composition of diabetic rat bone compared to control which will correlate with microscale mechanical properties.

## MATERIALS AND METHODS

### Experimental Groups

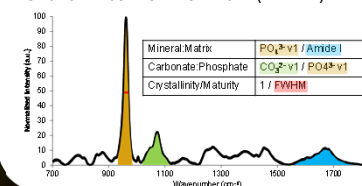
- Zucker diabetic Sprague-Dawley (ZSDS) rats switched to high fat diet at 15 weeks, returned to normal diet at 18 weeks
- Sprague-Dawley control diet (CD) animals remained on normal diet
- Rats sacrificed at 28 weeks (n=4 per group)
- Left tibia harvested, stored at -20°C

### Sample Preparation

- 12 mm section of diaphysis surrounding the tibia-fibula junction was removed, mounted posterior side up to a steel disk, and stripped of the periosteum.
- Reference marks on either end of the section allowed for registration.

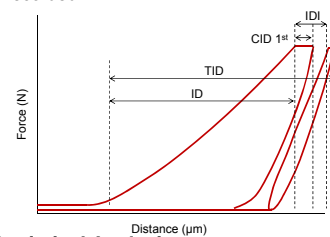
### Raman Spectroscopy and Analysis

- 5 locations per sample were imaged
- Gaussian function fit to  $\text{PO}_4^{3-}$  v1,  $\text{CO}_3^{2-}$  v1, and Amide I peaks for integrated band area and full width half maximum (FWHM)



### RPI and Analysis

- Ten cycles of 5 N at 2 Hz using BioDent
- 1<sup>st</sup> cycle indentation distance (ID), 1<sup>st</sup> cycle unloading slope (US 1<sup>st</sup>), 1<sup>st</sup> cycle creep indentation distance (CID 1<sup>st</sup>), total indentation distance (TID), indentation distance increase (IDI), average creep indentation distance (CID), average energy dissipated (ED), average unloading slope (US), and average loading slope (LS) were recorded

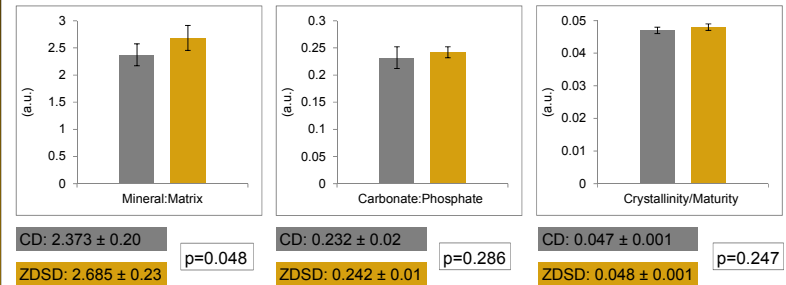


### Statistical Analysis

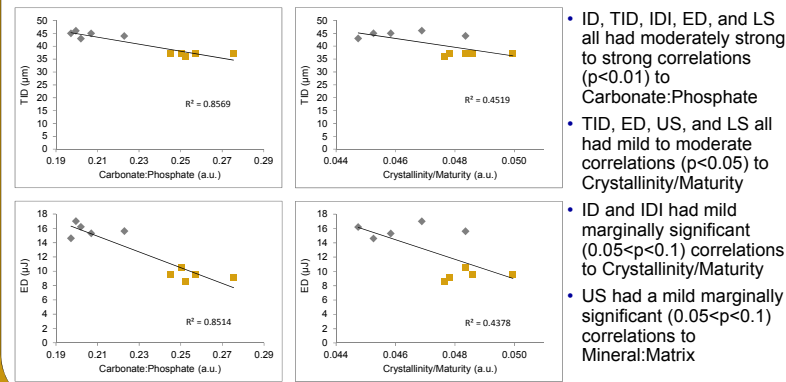
- Raman – 5 samples per group
  - Two-tailed Student's t-test
- RPI – 1 sample per group
  - Percent differences calculated
- Correlation – 10 data points
  - Pearson's Product Moment Correlational Analysis

## RESULTS

### Raman Spectroscopy



### Raman/RPI Correlation



- ID, TID, IDI, ED, and LS all had moderately strong to strong correlations ( $p < 0.01$ ) to Carbonate:Phosphate
- TID, ED, US, and LS all had mild to moderate correlations ( $p < 0.05$ ) to Crystallinity/Maturity
- ID and IDI had mild marginally significant ( $0.05 < p < 0.1$ ) correlations to Crystallinity/Maturity
- US had a mild marginally significant ( $0.05 < p < 0.1$ ) correlations to Mineral:Matrix

## DISCUSSION

### ZSDS as Model of T2D

- Gradual diet-induced change simulates human adult-onset diabetes
- Bones previously shown to have reduced mineral density and mechanical properties
- Collagen nanoscale changes may be an important contributor to altered mechanics

### Raman Spectroscopy Changes

- Mineral:Matrix increased in ZSDS
- Ash fractions performed previously reveal decreased mineralization in ZSDS
- Major reduction in Amide I band in ZSDS
  - Likely presence of increased AGEs in ZSDS could cause the change in Amide I
  - Changes in collagen morphology observed in bone and tendon (ORS2012) could also contribute to Amide I reduction

### RPI Differences

- ZSDS vs. CD: IDI, ED, and LS changed by at least 35% (n=1, data not shown)
- Likely increase of AGE-induced crosslinks would create a tougher material at this scale
- Would explain increased LS and decreased IDI and ED

### Raman/RPI Correlation

- Significant correlations support the increased utilization of RPI to link mechanics at intermediate scale to chemical composition and/or morphological data
- Carbonate:Phosphate and Crystallinity had directionally matched correlations with LS as only positive correlation supporting validity
- Significance with low sample size compelling
- Future work will expand sample size of RPI groups and quantify AGEs in collagen

ZSDS bone had significantly altered Mineral:Matrix ratio along with indications of a stiffer bone matrix at the microscale with multiple significant correlations between Raman spectroscopy and RPI.